



For Employers

Following are resources designed for HR professionals to assist employees at the workplace, hosted/provided by United Way professionals and volunteers.

United Way Live and Learn Seminars

United Way offers a number of workplace seminars designed to help employees access services and resources in the community. Click here for a full list of United Way's Live and Learn Seminars. If interested, please contact Angie Cruz, at (305) 646-7006 or by email, cruza@unitedwaymiami.org.

Achieving Homeownership Learn about the Home Buyer Education Seminar promoting homeownership opportunities in Miami-Dade County that include housing information, counseling, low-cost options and financial incentives.

Coping with Elderly Learn about how to deal and cope with elderly parents from professionals.

Epilepsy Awareness Learn about Epilepsy causes, education, symptoms, awareness, prevention and first aid

Food Management Learn about nutrition and weight reduction.

Golden Years Learn about retirement planning, low prescription drug care, long term care planning and other important issues geared towards older adults.

General Disaster Preparedness Learn about the basics to prepare for all types of disasters (hurricanes, tornadoes, fires, floods, and other emergencies).

HIV/AIDS Awareness Learn about up-to-date information on HIV/AIDS awareness, prevention and education.

Hurricane Preparedness Learn about preparing your business/employees for hurricanes and other major emergencies--- and to help you recover in the event of a disaster.

Protecting Children Online Learn about "Operation Candy Man" and our commitment to stopping sexual predators online.

Safe and Smart Learn about techniques on how to teach children to be safe at home, in school, with strangers and more.

Sexual Abuse Learn about warning signs, education, causes and general awareness.

Sister to Sister Learn about "Healthy Heart" information and support to prevent heart disease which is the #1 cause of death among women.

Special Needs/ Healthy Aging Learn about the answers to questions regarding special health care needs of the elderly.

Stress Management Learn about chronic stress and how it can wear down the body's natural defenses from professionals.

Substance Abuse Learn about alcohol abuse and some of the popular drugs used today and their effects, warning signs and symptoms.

The Greater Miami Prosperity Campaign Learn about Earned Income Tax Credits, Food Stamps Programs, Homeowner's Assistance Programs and Share Program which, through a network of volunteers, delivers food to neighborhoods around the county.

Where to get help Learn about where to turn for social services help in Miami-Dade County